

 **1**

**Kitchen**

* single glasses & mugs
* Tupperware & container with broken pieces or missing lids
* vases
* knives & cutting boards
* whisks, spatulas & scrapers
* ladles & serving spoons
* measuring spoons / cups
* pitchers
* salt / pepper shakers
* old spices
* rolling pins / baking tools
* special use items (like cheese cutter, grater …)
* place mats / towels / pot holders
* tablecloths / table runner
* appliances

***Make sure you go through all your cabinets and drawers and pull out all duplicate items in the kitchen and choose which one you will keep. Focus on sets and tools that work for you. Anything you haven't used in a couple of years should go!***



 **2**

**Livingroom**

* books / magazines
* old equipment (video recorder, game consoles, headphones …)
* old media (video tapes, DVD’s, video games …)
* manuals
* games
* Knick Knacks
* extra furniture

**Office**

* pens / pencils
* scissors / office supply
* art / craft supply
* planners / note books



 **3**

**bathroom / laundry room**

* toiletries (lotion, cream, sun protection…everything 2 years and older needs to go)
* clear all outdated items in your medicine cabinet
* soaps, candles, hotel bottles
* old make up
* nail polish and supplies
* eye glasses / contacts / solution / cases
* towels / wash clothes
* hangers
* cleaning supplies

**Bedroom**

* sheets (no more than 2 sheet sets per bed and season)
* pillows & blankets
* unused curtains